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MISSION STATEMENT

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To promote a healthy living style without sacrificing work ethic and your aspirations for life.

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Is this you?

It is 12 am and you have a huge CPE test in 8 hours. You are wondering if there would be any benefit to continue to do school work or if you should do something else.

At this point, you are about to take a gamble to either stay up and study or to go to bed and finish in the morning.

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OUR FEATURES

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Taking a Break	Sleep	Productive Time
Burnt out but don't wanna waste away valuable time?	Tired? Don't know how much sleep you should get?	Trying to figure out what time you should do that tough task?



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"You'll never change your life until you change something you do daily. The secret of your success is found in your daily routine."

-John C. Maxwell

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OUR SUBSCRIPTIONS

\$30

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For the average user/ non-athletes

 Look at more stats and data in the app

Monthly

\$ 300

For the average user/ non-athletes

 Same as monthly plan, just billed yearly

Yearly

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\$20/ month

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Designed for college athletes

• Cheaper to promote the project

Athlete









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FEASIBILITY ANALYSIS











